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it is an extract from our book  
'Healing the Past'  
available, along with this flower remedy from:  
[www.aquariusflowerremedies.com](http://www.aquariusflowerremedies.com)

### Lunar Primrose

Primrose is the remedy for past life relationships.

Each soul will, during the course of a particular incarnation, meet with souls it has known from previous lives. It is common for souls who have been very close in past lives making pacts to meet up again at some point in the future: love, the emotional bonding between individual souls survives death. However there are other emotional bonds that are carried across, some of which are not particularly pleasant, life affirming or constructive to the relationship, and it is with these that Primrose is concerned.

Primrose will bring to the surface, make a couple conscious of the dysfunctional aspects of their relationship which have been carried across from previous incarnations. At first Primrose will highlight or amplify these inharmonious patterns so that the individuals concerned can become fully aware of the karmic patterns and make conscious decisions about what needs to be changed. Primrose is able to awaken the deep memory, revealing the nature of past life relationships.

Deeply ingrained patterns of behaviour, carried across from previous relationships, are rather like a rutted road; once the car slips into the ruts it becomes impossible to get out. Primrose works with individuals to transcend this unhelpful relationship karma by helping to fill in the ruts, so to speak. Slowly and gently the patterns become less deep, and those concerned become less inclined in the continuation of the karmic patterns.

The consciousness associated with primrose was created on Lemuria when we became aware that being confined to a physical body changed many of the relationship dynamics we were accustomed to whilst in spirit. Primrose was later used on Atlantis to stimulate pleasure between the sexes.

Lunar Primrose resonates with Libra and the seventh house.