



this information is presented by:
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it is an extract from our book
'Healing the Past'
available, along with this flower remedy from:
www.aquariusflowerremedies.com

Lunar Coltsfoot

Coltsfoot aids the process of deep karmic release where there is a sense of something forcing its way to the surface.

Give Coltsfoot when deep past life patterns or habits are attempting to emerge onto the conscious level. Such patterns have been held down in the lower levels of the subconscious in order to be denied or repressed; consequently they find it difficult and painful to be released. When they rise it can be as if something large is pushing or welling up inside, stretching or pulling apart the tightness or rigidity that has for so long held it all down, and there can be a sense of disgust, regret, guilt, shame or other negative emotions around the patterns as they force their way out. Coltsfoot relaxes that tightness or rigidity, which is most likely fear, and thereby affords a greater ease of passage for the release into consciousness of the deep karma.

The Deva of Coltsfoot helped bring compassion, empathy and understanding to humanity towards the end of the Atlantean civilisation. A great many mistakes had been made by this time and it became necessary for humanity to reflect, take stock, so to speak, before the final demise of Atlantis.

Lunar Coltsfoot resonates strongly with passive Jupiter/Pluto contacts.