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it is an extract from our book  
'Oil and Water'

available, along with all these essences from:  
[www.aquariusflowerremedies.com](http://www.aquariusflowerremedies.com)

## REPORTORY

abscesses	hibiscus
acceptance <i>of karma and destiny</i> <i>of personal limitations</i> <i>of the shadow</i>	margarita moricandia asphodel
accident prone	mallow, moricandia
ageing	almond, bellflower
aloof	spearmint
ambitions, aims and objectives - see also commitment	
<i>being diverted by others</i>	eucalyptus
<i>being diverted by outside pressures</i>	kermes oak
<i>doubt</i>	oleander
<i>driven</i>	moricandia
<i>little or no desire</i>	peach
<i>moving around in circles</i>	rocket
<i>obsessed</i>	mallow
<i>putting before family</i>	jerusalem sage
<i>shy away</i>	mignonette
<i>still to find way</i>	rocket
<i>strengthen</i>	bougainvillea
<i>too vague</i>	bugloss

<i>unfulfilled</i>	persian lilac
<i>unrealistic</i>	rocket
<b>anger</b>	
<i>deep and bitter</i>	rock rose, sedge
<i>quick and fiery</i>	mallow, moricandia
<i>slow and simmering</i>	cardoon
<i>towards others</i>	asphodel
<b>anguish (mental)</b>	sedge
<b>anxiety</b>	
<i>about ability to perform</i>	eucalyptus
<i>arising out of no real convictions</i>	bugloss
<i>single issue preying on mind</i>	rock rose
<i>through lack of light/love in life</i>	oleander
<b>arrogance</b>	
<i>exaggerated self-belief</i>	hibiscus
<i>through taking moral high ground</i>	asphodel
<i>wounded pride</i>	cardoon
<b>attractiveness</b>	
<i>increase</i>	almond
<b>beauty</b>	
<i>express and receive</i>	almond
<b>black sheep</b>	
<i>not fitting in</i>	rocket
<b>blame</b>	
<i>others or self</i>	asphodel
<b>blessings</b>	
<i>appreciation during difficult times</i>	crimson pea
<i>greater awareness of universal love</i>	margarita
<b>blighted</b>	rock rose
<b>break down/through</b>	
<i>acceleration to the point of</i>	pine
<i>assists during the turbulence of</i>	crimson pea
<i>through mental anguish</i>	sedge
<i>with everyday pressures</i>	kermes oak
<b>brooding</b>	
<i>on misfortune</i>	sedge
<b>boredom</b>	bellflower

burn out	mallow
center <i>everything revolves around personal pain everything revolves around self need to return to</i>	sedge hibiscus christ thorn
change – see also transformation <i>adjusting to change of consciousness at deep level reluctance to renewal or complete change scant possibility of too many in relationships</i>	crimson pea, hotentot fig crimson pea oregano pine bellflower cape sorrel
chronic conditions <i>of body of mind and emotions</i>	bougainvillaea mustard
clarity <i>of complexion of mind</i>	almond morning glory, scabious
cleansing	asphodel, pepper tree, pine, spearmint
clingy <i>emotionally needy</i>	toadflax
cold <i>physically and emotionally</i>	mignonette
comforting	euphorbia
commitment (lack of)  <i>dislike of training and discipline disorientation, being ungrounded events conspiring against us insufficient support from others not wanting to be on planet Earth little interest in mundane affairs poor self-esteem to home and family unexpected events that distract</i>	rocket bugloss kermes oak eucalyptus bougainvillaea peach carduus jerusalem sage oleander
communication <i>assists during tense periods breakdown</i>	pine hotentot fig

compassion <i>stimulates inner</i>	asphodel
compatibility	field marigold
complexities	scabious
compulsive behavior	mallow
concentration (lack of) <i>dreamy and vague</i> <i>unable to focus on single issue</i>	christ thorn morning glory
confidence (lack of) <i>because of lack of success</i> <i>because of losing sight of objectives</i> <i>because of self-criticism</i> <i>because of poor self-image</i> <i>through depression</i> <i>to follow higher purpose or calling</i>	rocket oleander carduus almond mustard eucalyptus
conflict	asphodel
confusion <i>allows intuition to influence reason</i> <i>focusing, one step at a time</i> <i>guidance from the vast unknown</i>	scabious morning glory eucalyptus
continuation <i>injecting fresh impetus</i> <i>restarting a suspended process</i>	mullein bugloss
control <i>wanting to stay in</i>	oregano
creativity <i>increases</i> <i>shyness</i>	bellflower mignonette
crisis <i>as part of the process of</i> <i>transformation</i> <i>desperation</i> <i>precipitated by one major problem</i> <i>whilst making a major reality shift</i>	crimson pea pine rock rose hotentot fig
critical <i>of life</i> <i>of home life</i> <i>of others</i>	cardoon jerusalem sage asphodel, field marigold

<i>of self</i>	asphodel, carduus
<b>crying</b> <i>inability</i>	oregano
<b>cyclic patterns</b>	cyclamen
<b>cynicism</b> <i>arising out of deep concern</i> <i>loss of faith</i> <i>world weary</i>	rock rose oleander bellflower
<b>day-dreaming</b>	christ thorn
<b>dead-end</b> <i>finding creative alternatives</i> <i>no help to find alternatives</i> <i>when all else fails</i>	rock rose pine margarita
<b>death</b> <i>seems inviting</i> <i>to help with the process</i>	mustard crimson pea, hotentot fig
<b>defeat</b> <i>caused by everyday pressures</i> <i>hard endeavors bring no</i> <i>improvement</i>	kermes oak pepper tree
<b>delusion</b> <i>in a world of their own</i>	hibiscus
<b>depression</b> <i>but searching for hope</i> <i>dark night of the soul</i> <i>due to failure</i> <i>in domestic life</i> <i>inherited, childhood or karmic</i> <i>loss of light in heart</i> <i>resulting from a single issue</i>	margarita crimson pea pepper tree jerusalem sage mustard oleander rock rose
<b>despair</b> <i>for any reason</i> <i>unable to make improvements</i> <i>over one major problem</i>	margarita pepper tree rock rose
<b>detail</b> <i>lack of care to</i> <i>obsession with</i>	mallow mignonette
<b>dislike</b> <i>loud noise, harsh lights</i>	peach, spearmint

displacement	bugloss
distrust <i>of others</i> <i>of self</i>	oregano carduus
dogmatic	oregano
domination	oregano
doubt <i>about life's purpose – temporary</i> <i>about one's abilities</i> <i>about validity of one's life</i> <i>over where to live</i> <i>in relationships</i> <i>through disheartenment</i>	oleander carduus bougainvillaea bugloss cape sorrel kermes oak
dryness	bellflower
eating disorders	euphorbia
egotism	hibiscus
elitism	hibiscus
empathy <i>lack of</i> <i>too much</i>	asphodel, moricandia, pepper tree christ thorn
enemies	asphodel
enthusiasm <i>lack of for home life</i> <i>restores</i>	jerusalem sage rock rose
escapism <i>from home environment I</i> <i>through imagination</i> <i>through drugs</i>	jerusalem sage christ thorn peach
etheric template	peach
evil	asphodel
exhaustion – see fatigue	
eyes	asphodel
failure	

<i>after no success expectation of much endeavor but unable to improve the situation</i>	pepper tree
<i>programmed from formative years trying again</i>	pepper tree carduus bugloss
<i>when nothing else seems to work</i>	bougainvillaea

### family

<i>increases nurturing</i>	euphorbia
<i>lack of commitment to</i>	jerusalem sage

### fanaticism

<i>through moral outrage</i>	asphodel
<i>through self-obsession</i>	hibiscus
<i>through impulsiveness</i>	mallow

### fatigue

<i>burn out</i>	mallow
<i>compassion fatigue</i>	persian lilac
<i>due to inability to concentration</i>	christ thorn
<i>over-work</i>	bellflower
<i>through failure</i>	pepper tree
<i>through mental anguish</i>	sedge
<i>through worry and anxiety</i>	rock rose

### fear

<i>impatient with</i>	moricaudia
<i>of deep wounds re-emerging</i>	mustard
<i>of evil</i>	asphodel
<i>of future</i>	mullein
<i>of lack of protection</i>	euphorbia
<i>of loneliness</i>	jerusalem sage
<i>of relinquishing control</i>	oregano
<i>of open spaces</i>	mignonette
<i>of tipping into the abyss</i>	sedge
<i>of unhappiness</i>	jerusalem sage

### fertility

pine

### fluidity

margarita

### focusing

christ thorn, morning glory

### food intolerance

spearmint

### forgiveness

asphodel, cardoon, margarita

### frustration

<i>building slowly to extreme</i>	pine
<i>through impulsiveness</i>	mallow
<i>through lack of achievement</i>	rocket
<i>through personal suffering</i>	sedge

future	
<i>aligns light body to incoming light</i>	mullein
<i>hopeful but no action for improvements</i>	rocket
gentle souls	peach
grace	margarita
Green Christ	pepper tree
groundedness (lack of)	
<i>day-dreaming</i>	christ thorn
<i>integrating lower with higher vibrations</i>	spearmint
<i>lack of interest in physical world</i>	peach
<i>not wanting to be in physical body</i>	bougainvillaea, peach
<i>sense of being uprooted</i>	bugloss
<i>to pursue ambitions</i>	rocket
growth	pepper tree
guidance	
<i>aids higher force guidance</i>	spearmint
<i>insufficient inner guidance</i>	eucalyptus
guilt	
<i>alleviated through inner compassion</i>	asphodel
<i>for being born</i>	bougainvillaea
<i>for not helping others</i>	persian lilac
<i>mistakes bring wisdom</i>	bugloss
gurus	
<i>too great expectation of answers</i>	scabious
<i>relinquishing power to wiser person</i>	eucalyptus
hair	cyclamen
harsh reality	peach
hatred	
<i>for someone we have loved</i>	cardoon
<i>towards another</i>	asphodel
headaches	
<i>resulting from inability to turn mental process off</i>	scabious
heart	

<i>closing down</i>	oleander, pine
<i>empty</i>	jerusalem sage
<i>physical</i>	bellflower
<i>in relationships</i>	cape sorrel
<i>influencing the future</i>	eucalyptus
<b>help</b>	
<i>acceptance of</i>	margarita
<i>asking for</i>	pine
<i>cut off from the source of</i>	mustard
<b>higher perspective</b>	spearmint
<b>hopelessness</b>	pine, rock rose
<b>hygiene (lack of)</b>	euphorbia
<b>idealistic</b>	
<i>overly</i>	rocket
<b>ignorance</b>	
<i>about one's condition</i>	scabious
<b>illusionary aliments</b>	peach
<b>immaturity</b>	
<i>in adults (emotional)</i>	mallow
<i>through avoidance of</i>	mignonette
<i>responsibilities</i>	
<b>immunity</b>	bellflower
<b>impatient/impulsive</b>	
<i>general personality traits</i>	mallow, moricandia
<i>with the healing process</i>	mullein
<b>initiation</b>	mullein
<b>inner child</b>	
<i>reconnection</i>	andryala
<b>inflammations</b>	hibiscus, mallow
<b>inquisitive</b>	
<i>excessive</i>	scabious
<b>inspiration</b>	
<i>insufficient to believe in own ability</i>	
<i>to manifest</i>	eucalyptus

<i>lack of</i>	bellflower
insulted	cardoon
intimacy <i>lack of</i>	cape sorrel, jerusalem sage
introduction <i>new energies</i>	mullein
invigorate	pepper tree, pine
invisibility	peach
joy <i>lack of</i> <i>drained by one major issue</i>	bellflower rock rose
judgments <i>clouded by mental suffering</i> <i>over good and evil</i>	sedge asphodel
knowledge <i>assimilating for future use</i> <i>desiring more than can be</i> <i>assimilated</i>	cyclamen scabious
laughter	bellflower
learning <i>from mistakes</i> <i>respecting past achievements</i>	cyclamen bugloss
libido/life force	almond, bellflower, pepper tree, pine
light <i>in the darkness</i>	asphodel
limitations <i>of endurance fast approaching</i> <i>unwilling to face personal</i>	pine moricandia
loneliness <i>cut off from human warmth</i> <i>due to depression</i> <i>due to self-obsession</i> <i>extreme</i> <i>feelings of exclusion</i> <i>inner</i> <i>journeying through the dark lands</i> <i>prefer</i>	field marigold mustard hibiscus toadflax cape sorrel jerusalem sage crimson pea spearmint

long-term perspective	kermes oak
loss <i>of home/security</i> <i>of possessions</i>	bugloss oregano
love <i>absence or sense of love departing</i> <i>closed heart</i> <i>lack of love for planet Earth</i> <i>lack of self love</i> <i>no separation</i> <i>sickness</i> <i>too much or little in relationships</i>	oleander cardoos bougainvillea almond, carduus toadflax toadflax cape sorrel
luck (lack of) <i>in relationships</i> <i>taking us to breaking point</i>	cape sorrel sedge
magic and mystery <i>insufficient</i> <i>absence of</i>	eucalyptus bellflower, rock rose
memories <i>painful, unable to release</i>	cardoos, oregano
menopause <i>hormonal changes causing</i> <i>depression</i> <i>remaining youthful</i>	mustard almond
mistakes <i>anger and blame caused by</i> <i>caused by impulsive or obsessive</i> <i>behavior</i> <i>not learning from</i> <i>unwilling to admit to</i>	asphodel mallow cyclamen hibiscus
mother	euphorbia, persian lilac
motivation <i>lack of</i> <i>obsession with</i>	christ thorn mallow
nervousness	bugloss, mignonette
nourishment <i>intolerance to certain foods</i> <i>physical and emotional</i>	spearmint euphorbia

nurture	euphorbia
otherworldliness	peach, spearmint
over-bearing	moricaudia
over-whelmed	
<i>by duties to others</i>	persian lilac
<i>by outside influences</i>	christ thorn
<i>by personal suffering</i>	mustard
<i>by personal mental suffering</i>	sedge
playfulness	andryala
polarisation of consciousness	
<i>career and home</i>	jerusalem sage
<i>ideal and real worlds poles apart</i>	peach
<i>through conflict</i>	asphodel
<i>though depression</i>	mustard
<i>through desire to remain in control</i>	oregano
<i>through fanatical beliefs</i>	hibiscus
<i>through highly opinionated beliefs</i>	moricaudia
<i>through personal suffering</i>	sedge
possessiveness	oregano
power	
<i>moral supremacy</i>	asphodel
<i>sense of loss after setback</i>	pepper tree
<i>wanting to stay in control</i>	oregano
practicality – see groundedness	
protection	
<i>from everyday/mundane pollutants</i>	spearmint
<i>from outside influences</i>	christ thorn
<i>from the needs of others</i>	persian lilac
<i>from sunlight</i>	pepper tree
<i>greater sense of security</i>	euphorbia
pride – see arrogance	
puberty	almond
rebuilding	crimson pea, mullein
reclusive	spearmint
reflection (lack of)	mallow

## relationships

*breakdown in*  
*desire for greater intimacy*  
*desire to be like someone else*  
*lacking close friendships*  
*missing friends/lovers*  
*negative effects of personal pain*  
*not listening to others*  
*over-concern for others*  
*pain is caused by someone else*  
*polarisation*  
*projecting problems onto others*  
*refined*

hotentot fig  
cape sorrel  
eucalyptus  
jerusalem sage  
toadflax  
sedge  
moricandia  
persian lilac  
field marigold  
asphodel  
field marigold  
spearmint

## relaxation and release

*letting go*  
*of tension built up over long time*

oregano  
pine

## repetitive injury

*acquired over long period of time*  
*reoccurring at intervals*

bellflower  
cyclamen

## resentment

*arising out of deep worry*  
*giving too much*  
*injured pride*

rock rose  
persian lilac  
cardoon

## resignation

pine

## responsibilities

*acquiring too many*  
*avoiding home duties*  
*cause loss of faith*  
*shying away from*  
*weighed down by*

bellflower  
jerusalem sage  
kermes oak  
mignonette  
andryala

## restlessness

*in search of inner happiness*

jerusalem sage

## revenge

asphodel, cardoon

## rigidity

*through emotional attitude*  
*through mental attitude*  
*through over-work*

oregano  
bougainvillaea  
bellflower

## sacrifice

*personal needs for others*

persian lilac

## scapegoat

asphodel

security – see protection

## self-care

*overly concerned with self*  
*too concerned for welfare of others*  
*unable/unwilling to*

hibiscus  
persian lilac  
euphorbia

## self-disgust

*dirty or corrupted inwardly*  
*out of touch with inner beauty*  
*seeing no good in thoughts and actions*

asphodel  
almond  
  
carduus

self-esteem – see confidence

## self-image (poor)

*through physical appearance*  
*through self-criticism*

almond  
carduus

## self-obsession

*arrogance/inflated ego*  
*brooding on misfortune*

hibiscus  
sedge

## self-reliance

toadflax

## self-reproach

asphodel, carduus

self-worth – see confidence

## selfishness

*thinking only of self*  
*obsessed with mental anguish*

hibiscus  
sedge

## sensuality

bellflower

## seriousness

*needing to be more child-like*  
*through work and responsibilities*

andryala  
bellflower

## service

*better understanding of the needs of others*  
*dominated by others*  
*exhaustion through unfulfilled*

pepper tree  
eucalyptus  
persian lilac  
persian lilac

## setbacks

*anger at*  
*easily discouraged by*  
*much endeavor but unable to improve the situation*  
*patience with*

asphodel  
bugloss  
  
pepper tree  
kermes oak

sexual experiences <i>traumatic</i>	almond
sexuality <i>more comfortable for women</i> <i>increases desire</i> <i>perceived as shameful</i>	almond pine asphodel
shadows	asphodel
shame	asphodel
share <i>desire to</i>	persian lilac
shock – see crisis and trauma	
silent sufferer	pine
simplicity	andryala
skin <i>dryness, flaky</i> <i>general</i> <i>rashes, irritation, blisters, burns</i>	bellflower cyclamen mallow
spacing out	christ thorn, peach
spiritual healing	margarita
spirituality <i>better assimilation of spiritual</i> <i>qualities of the Sun</i> <i>conflicts</i> <i>doubt</i> <i>escaping from the physical</i> <i>great interest</i> <i>greater awareness</i> <i>grounds higher energies in body</i> <i>insufficient confidence</i> <i>lack of discipline</i> <i>mental bodies fusing with spiritual</i> <i>neglected</i> <i>not prepared to look at the shadow</i> <i>too much</i>	pepper tree asphodel oleander peach spearmint margarita rocket eucalyptus rocket scabious kermes oak spearmint hibiscus
spontaneity <i>child-like</i> <i>insufficient</i> <i>lack of</i>	andryala eucalyptus bellflower
stiffness – see rigidity	

stimulation	pepper tree
subconscious <i>relaxation of subconscious mind</i> <i>signals used to attract others</i>	oregano cape sorrel
support <i>from loved ones across distance</i>	toadflax
surrender <i>the reins of power</i> <i>to higher healing forces</i>	oregano pine
suspicious	asphodel, oregano, sedge
swellings	hibiscus
time <i>no time for home life</i> <i>no time for self</i> <i>not time to return</i>	jerusalem sage persian lilac toadflax
torture	pine
transformation	crimson pea
trauma <i>heal wounds after separation</i> <i>adjusting to a different reality</i> <i>unexpected and sudden</i> <i>trauma at a vulnerable age</i> <i>of being in the physical body</i>	eucalyptus hotentot fig moricandia mustard peach
travel	bugloss, toadflax
trust (lack of)	oregano
tunnel vision	hibiscus, mallow, moricandia
ugliness	almond
understanding (lack of) <i>deep healing</i> <i>filling inner void</i>	pepper tree jerusalem sage
universal use	margarita

unsettled	bugloss
upliftment	pepper tree, spearmint
vitality	- see life force
vulnerability	
<i>child-like, fearful</i>	euphorbia
<i>to emotional moods and hormones</i>	mustard
<i>to outside influences</i>	christ thorn
<i>unable to accept own weaknesses</i>	moriscandia
wider perspective	mignonette
work – see aims, commitment and service	
worry	
<i>one major concern</i>	rock rose
youthfulness	
<i>of inner child</i>	andryala
<i>of inner teenager</i>	pine