

Aquarius Flower Remedies

Newsletter
September 2007



Simon writes:

The Ancient Wisdom is a body of knowledge that has been handed down to us from the beginning of our time. It underpins the mythologies of every culture; has permeated into all religions, cults and philosophies; is embodied in the laws of every land and continually expresses itself in contemporary forms. It has no church, priests or acolytes; no doctrines, creeds or formal beliefs. It contains natural and intuitive wisdom, the type that on encountering one instinctively knows is a truth. Personally it is almost as if a bell deep down inside of me rings.

Of late I have had to draw upon the wisdom of the ancients to help me navigate through turbulent waters. I have had to keep in mind the truth that I have incarnated on this physical plane of existence so that my immortal soul can learn lessons necessary for its own evolution. Lessons are often hard and painful experiences and some of our most profound and valuable lessons in life are given to us through the emotion of love. I have certainly found this to be the case during the past few months and can point to several ways in which I have been made wiser. I sense that the depth to which the love has penetrated into my soul has caused some profound changes within my being and made me more aware of a fuller or greater me.

When it comes to affairs of the heart I classify myself as a fool, an idiot, a naïve numbskull who should know better than to become involved in relationships that have no future, are fated to fail. Yet I continue to jump in with hardly a second thought because I know that love is light and light is truth and truth is life and life is love. Love ignites our passion and I feel passionately that I don't want to turn from the light, cast my eyes from the truth, deny life or love. For me it is better to love and get it wrong than not love at all.

Love in our culture has tended to become associated to eroticism, yet there is obviously much more than this. English seems to lack the more refined vocabulary of other languages to define the different types of love we can experience. Erotic comes from Greek but here also are the words *agapi*, *storgi* and *caritas* to describe loves not concerned with physical. Our own word charity, love of humanity, derives from *caratas*. Love comes from God, we bring it from the stars, to Earth, when we incarnate. In the spiritual realms love is not subjected to the boundaries experienced on Earth. If we are open to spirit, we are open to love, yet it can be difficult to express love in appropriate ways whilst in the physical body. We all have felt its power coursing through our flesh causing us to act in irrational and uncontrollable ways.

Although it is women who open my heart, inspire and ignite my love, I have come to appreciate that, it is my own love, not their love, which transforms me. Each time it happens I become more aware of its powerful effects upon me. So what does it do to those whose hearts I open? I would like it to do the same however, I can't say if it does or does not because we invariably end up not speaking to each other!

I was born under a Moon/Chiron conjunction which is a powerful archetype that manifests in many ways in my life. The Moon is the symbol of the mother, the female, whilst Chiron is the Wounded-Healer. I certainly was uncaring and hurtful to my mother during my teen years. I certainly seem to wound on the emotional level the women that I love and they are quite capable of giving as good as they get to square the circle. This is one manifestation of this celestial conjunction in my life.

Another manifestation of the conjunction is that the business is called Aquarius Flower Remedies. Although Chiron wounds, it also provides the desire to heal. (At least I can't give anyone a hole in the head with flower remedies!)

My work with the Moon Flowers is also part of the Moon/Chiron conjunction, healing with moonlight. I should add that my Libran Sun is just as important in this respect because I tend to swing between years of making remedies by sunlight balanced by the celestial opposite of moonlight. After spending several years solarising in the Mediterranean, I decided to dedicate this year to the Moon. Astrologically the Moon is an indicator of the past. Our Moon sign comes to us from the past while we grow into our Sun sign. However, I didn't realise that my work this year with the Moon would involve so much healing of my own karma, the wounding I have brought from the past through my Moon/Chiron conjunction.

In Greek mythology Chiron was a centaur - half man, half horse. He was revered by the ancient Greeks as a healer and a teacher. He lived in a cave on Mount Pelion from where he ministered his healing, using the wild herbs that grow there. His teaching was to the children he fostered, instructing them up to adulthood. He then became their mentor, counselling them and offering spiritual guidance. The archetype of Chiron therefore symbolises the wise wound, the wound we learn from. Chiron gives us painful lessons to learn from and the pain shows us that the soul is growing, evolving. I have been in deep, deep pain over this recent affair of the heart. My Moon/Chiron is at its heart and whilst I cry in my cave I see the lessons I have to learn.

The Making of Lunar Bell Heather (the inside track)

Time to stop feeling sorry for myself and go make a Moon Flower. The clouds had cleared after our dismal summer, the Moon was waxing, so straight after finishing the above writing I consulted the ephemeris (planet time table) to discover an exact Moon/Chiron conjunction at 8.00 pm. I quickly packed the van with my lunarising bowl, a banana and can of beer and headed for, what turned out to be, an extremely chilly night on Dartmoor. As I drove up the steep hills I knew I wanted to find a spot high up with clear views to the east because the conjunction was going to happen just after Moon rise. I drove to Hound Tor car park but discovered the tor itself would block the rising Moon so headed back, remembering some lay-bys I had past on the way.

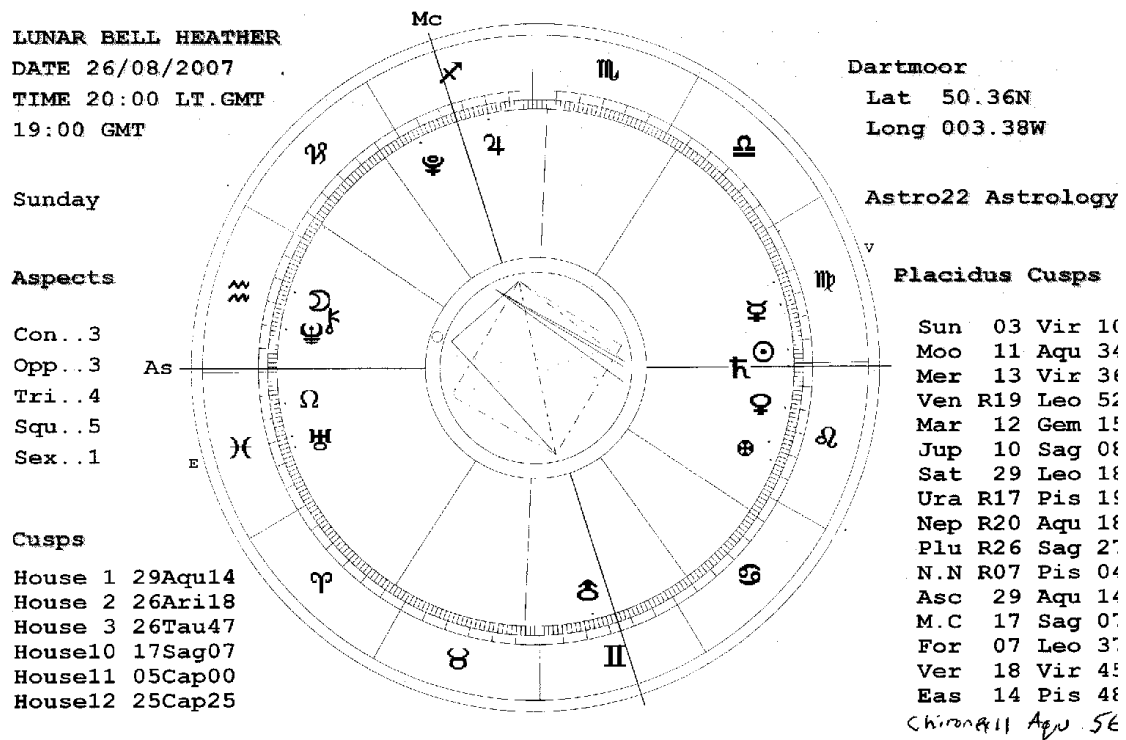
I had not gone far when I came across a herd of Dartmoor ponies grazing by the side of the road. A younger one was on the verge bounded by a stone wall. I could see it was frightened, not wanting to get trapped between my van and the wall. I braked as it ran in front of the van. Just at that moment a car overtook me from behind and ran into the pony, knocking it onto its back. Luckily it was not injured and ran into the open field with the rest of the herd. The driver of the car got out, baguette in hand, and apologised to me: he thought I had slowed down to let him past. I just shook my head and drove on in mild shock.

I had only gone a few yards more when I realised that this incident was extremely significant. The half horse Chiron became the wounded-healer when he was accidentally shot in the leg by an arrow. I had just witnessed a horse involved in an accident. I turn around and went back to where the pony had been hit. It was easy to pinpoint the exact spot because of the skid marks left by the car. There, on the verge, where the pony had scrambled back onto its legs was a sprig of bell heather. The horizon to the east was flat, there was a small lay-by just yards away. I had been shown the flower to make, and the place to make it. I pulled the van off the road, opened the side door and took in the last rays of the setting Sun as I waited for the Moon to rise. Once the Sun had set and I had the flowers floating in the glass bowl of water, soaking up the moonlight, I had the task of discerning the use of the remedy. The vast majority of the remedies in the Moon Flowers repertory, at present there are 36, have not affected me on an emotional level. From what I have already written, I'm sure you appreciate that this was one of the few that connected to me personally in some way. In the

fading light I studied the horoscope for the time of its making, meditated upon the plant itself under the stunning Moon and soon found myself slipping once more into the deep pain in my heart.

Dartmoor is covered in tors, mounds of rocks on top of many of the hills. They look like the giants of ancient times piled them up for some obscure reason. They are the remnants of extinct volcanoes, the central cores from which the volcanic rock flowed. The softer rock around this very hard granite has been eroded over millions of years. As I cried and journeyed to the heart of the relationship, I stripped away everything apart from its core. There, standing like the tors around me, was concern, care and compassion. These were the emotions that ignited my love and the qualities that formed the heart of the description for Lunar Bell Heather.

Bringing the personal into the making of flower remedies has become part of the tradition, stemming from the pioneering work of Dr. Bach himself, when he sought the flowers in the fields to ease his own mental and emotional suffering. After bottling sufficient of the remedy I sipped what remained in the bowl. It had no effect upon me. Although my own wound brought me to make the remedy, the remedy itself is not my healer. It is to others in the range that I have turned.



Looking at this horoscope from a karmic perspective, a significant feature is Venus (♀) in Leo (♌) opposite Neptune (♆) in Aquarius (♒). Both planets are retrograde, that is they reach back into time and repeat patterns, thus drawing past energy into the present. Neptune is the ruler of Pisces and Venus is exalted in Pisces. Pisces is the sign of compassion. Furthermore, the all important Moon ♀/Chiron ♄ conjunction is in the 12th house, the natural house of Pisces. The chart is pointing to the same quality that I processed emotionally.

Another significant feature is the mutable Grand Cross. Both Jupiter (♃) and Mercury's (♃) inclusion in this alignment makes it particularly special. At the time of making, Jupiter was the only other planet in the visible sky. Astrologically, its colour is purple, the same as Bell Heather. Compared with the other flowers in the vicinity, the colour of the Bell Heather was stunning, especially with the late afternoon Sun. Jupiter's qualities of expansion and joy are strongly associated with bells. Mars (♂) is directly opposite Jupiter, pointing to discord and disruption. The antagonistic nature of Mars in this chart is woven into the essence's description.

Lunar Bell Heather

Lunar Bell Heather is for those who in a past life have had their natural expression of compassion disrupted to such an extent that the soul has become wounded. For this to happen some extremely traumatic circumstances must have been encountered, often during the years of childhood. Such souls, for example, may have been trained as child soldiers or coerced to act in other cruel, indifferent or inhumane ways. This would have the effect of forcing them to suspend, repress and deny their instinctive human qualities of tenderness, caring, sympathy, empathy and mercifulness. Many individuals would also have been treated severely and savagely in childhood and come to accept such behavior as normal. Deep wounds have been inflicted on the souls of these individuals to will be carried through to future incarnations.

In adulthood, many souls at some point, during their series of incarnations, will have been conscripted or volunteered to fight in war. Normal humane nature had to be suspended to allow the monster chance to fight and survive. Many would have eventually died still carrying immensely traumatic unhealed images. Others would have gradually slipped further into depraved and barbaric acts that demanded less and less room for compassion and the other qualities that set us closer to the gods than the animals.

Bell Heather was intimately involved with the development of rational and philosophical thought processes on the continent of Lemuria. Its own evolution was stimulated particularly by the telepathic debate that occurred over core moral issues of human conduct. It was later used as a symbol by Atlanteans opposed to developments in their society they viewed as demeaning and degrading.

Further Recent Moon Flower Descriptions.

Lunar Hedge Garlic

Hedge Garlic can be used by those souls who have witnessed death in a traumatic or shocking way. They may, as a child, have seen the death of a love one, or perhaps they might have experienced the horrors of war or seen family and friends killed by appalling epidemics. They may well have had a more active role in death by being involved in murder or even genocide. These are just a few examples of how the trauma of witnessing and

experiencing death may wound the soul to such a degree that it is carried through to a subsequent life. In the present life the wound can manifest in a number of ways, from a specific terror of some aspect of death to a more general fear or morbid obsession or an unhealthy fascination of anything to do with death. The demise and death of a loved one may well be the trigger to reopen this soul wound although for some it is open through their entire lives, affecting their perceptions of life to the detriment.

Hedge Garlic is also for souls who have in a previous life been wounded at the time of the death of their physical body. Such souls were most likely unprepared for their death and suffered as they left the body. In a previous life they may have died suddenly, shockingly or tragically. Some would have had intense fear of death, putting them in denial of the inevitable: as they left their bodies profound trauma would have been experienced; their souls becoming wounded at death.

Hedge Garlic emerged on the continent of Lemuria after disagreements between individuals were resolved. Its relationship with humanity further developed when it was used over an extensive period of time to assist consciousness flow around obstacles that emerged as the materialization of the physical world occurred. Its primary use on Atlantis was to ease the suffering of the general population created by the excessive burdens and misuses of power by the royal hierarchies.

Lunar Ragwort

Disagreements arising between couples that have their roots in the past, be that this life time or a previous life can be addressed by Lunar Ragwort. Ragwort works specifically with the male/female polarity within relationships so that on many occasions, but not exclusively, the discords will have arisen around sex, money or power. It may be that the tensions have arisen out of a past life spent together but it is just as possible that both parties have carried independently their wounds to the present relationship where they resurface. Intense arguments, disagreements, the inability to see eye to eye or reach compromise within sexual relationships may respond to the use of this flower remedy if the core issues have been brought through from past experiences.

The deepest bond between souls occurs through sexual union and if this is in some way broken, violated, misused or abused there is often a scar left on the soul. Such a wound can then either adversely inform or colour subsequent relationships by repeating the dysfunctional patterns held deep within the soul. The souls are being asked to find healing through their love for each other.

This remedy will also work within same sex relationships if the partners take on to a large extent the male/female roles with their love lives.

Ragwort emerged on the continent of Lemuria as a result of two separate strains of human consciousness. Humanity reached a point in its evolution where it was expressing strong desires that were unable to be achieved because of the growing constraints of materialisation – frustration was beginning to be felt. When humanity was able to apply its intellectual thought processes to the situation in order to bring clarity and resolution to the issues, Ragwort was one of the resulting creations that occurred.

Although the descriptions of these remedies are written from a past life perspective they heal the past, be that of a past life or this life. Often the emotional wounds of childhood are brought through from a previous life. Confronting them once more gives the opportunity for healing to occur. Short descriptions of the other Moon Flowers can be found on the website.

As always, if anything I have written touches you and you wish to talk to me about it, please feel free to get in touch.

Prices

The Moon Flowers are £5.00 per 10 ml. + 0.50 postage.

Unfortunately we are having to rise our prices. The main factors in this price rise are the extra cost of postage since the changes to postal rates (the 10% on orders under £30 no longer covers the cost) and the continuing increase in bottle prices. Some of our current prices are the same as ten years ago.

The price rise will take effect from 1st. October 2007. A full price list is over the page.

Aquarius Flower Remedies

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catalogue on line at www.aquariusflowerremedies.com