

The logo features a central sunburst design with a crescent moon and a star. The text 'Aquarius Flower Remedies Newsletter' is centered over the sunburst, and 'April 2007' is written below it. The word 'AQUARIUS' is written in a semi-circle at the bottom of the sunburst.

Aquarius Flower Remedies
Newsletter
April 2007
AQUARIUS

Weekend Workshops with Simon France

Moon Flowers

The Moon Flowers are made under moonlight. They are for healing the past, be that in this or previous lives.

- Exploring the repertory of the Moon Flowers
- Using the Moon Flowers as a door to access the past.
- An Astrological perspective on karma
- Crystal meditation into the past
- Philosophical chats about the soul, karma and reincarnation
- Connecting with nature
- Moon walk

The Promethean Flower Remedies and Flower Oils

These flower remedies are made in both water and oil and therefore can be administered in the traditional manner or through the medium of oil. They are all made in the Mediterranean. Like the Bach remedies there are 38 in the repertory and relate to personality types and traits.

- Explore some of the repertory
- Delve into the background to the essences
- Slides of the flowers
- A comparison with the Bach remedies
- How they work on the chakras and meridians
- Working on ourselves with flower remedies
- Massaging with flower oils
- Charades and lots more

Both workshops are to be held here, in Chudleigh, some time through May to early July. If you are interested in attending please let us know, along with the dates you are available to attend. We are flexible with dates so can work around when you want to come. Group sizes will be limited to four.

Cost for either weekend £80, includes a copy of our books, 'Healing the Past' or 'Oil and Water' and more importantly the price also includes lunch both days.

Both room and garden available for teaching.

All essences will be on sale at student rates, 66% of catalogue price.

There is good B&B in Chudleigh we are happy to recommend.

01626 854289 for bookings and enquires.

Moon Flowers

I draw up a horoscope for each of the Moon Flowers when it is initially made. This provides some of the information for its description. I was looking through the horoscopes recently to see when I started making the Moon Flowers, it was back in 1994. At present there are 35 of which 16 were made in the first year and another ten in the second year. It was an extremely natural thing to do and definitely did feel like I had done something similar in a previous life. Only five more were added over the next two years and then followed a gap of nine years before I started making some more. During that nine year gap I have changed quite a bit yet last year I just slotted back into the consciousness I was using 13 years ago to make the remedies.

The nine year gap occurred because my attention was elsewhere, on my work with the Mediterranean flowers. I had always felt that when the Promethean project was finished I would return to making more Moon Flowers. The word 'finished' should be in inverted commas because although 38 was the magic number to reach with the Promethean flowers and put a full stop on the project, there are loads more waiting to burst out of the bag. Now that my attention has returned to the Moon Flowers, I have made two so far this year.

Lunar Mistletoe

The misuse of magical, mystical or religious ritual in a past life can leave a deep scar on the soul. This mark can lead to some form of dysfunctional relationship with the spiritual world re-emerging in subsequent lives. This may manifest in an individual as a fascination with the darker side or, perhaps, an unusual amount of fear of the spiritual world. It can be sensed also as guilt or tainting of the soul. Lunar Mistletoe can be used to heal the unwise use of ritual in a previous life and clear the negativity it creates within the aura.

Lunar Mistletoe can also be used to reactivate or reconnect with the wise and pure religious/magical rituals we have been involved with in previous lives. These may be any life affirming rituals such as rites of passage, ceremonies to mark special events or initiations into the deeper mysteries. This can be very strengthening and reassuring for the soul in its present life and help ground it firmly in the physical body.

Another use for Lunar Mistletoe is for those souls who have, in a previous life, for whatever reason become so disillusioned with their religious faith that a deep wounding has occurred upon the soul. Such a wound is inevitably carried through to subsequent lives and can seriously affect spiritual health.

Mistletoe has been used in rituals since Atlantean times. During these times it was burnt by the priesthood in royal marriage ceremonies to bless the union and bind the uniting dynasties together.

Lunar Willow

This remedy is for those who have suffered greatly in a previous life through poor health. When illness is painful and dominates life for prolonged periods of time, a scarring on the soul can occur. Such a mark can resurface in a subsequent life and the illness, or something similar, can manifest and force the soul to address the healing that was not accomplished in the former life. Lunar Willow has the effect of lifting the impressions of a former debilitating illness from the soul. This remedy is therefore potentially very useful for any condition that may have its roots in chronic illness of a former life.

Lunar Willow also has a more specific use as healing the wound that has occurred on the soul through drowning. Such a death affects the 'spiritual lungs' and can result in weak lungs in subsequent lives. Willow can also be used to heal the psychological effects of such a traumatic death, for example a fear of water. Any lung condition associated with past life illness may benefit from the use of this remedy.

The Deva of the weeping willow initially served humanity during our time on the continent of Lemuria. It was involved in developing our abilities to destroy and reshape. At a much later date it was also actively involved in the development of our sexual orientation. During the fall of Atlantis the Deva of the weeping willow drew close to humanity, particularly when the waters began to rise.

New Wine from Old Vine

The flower remedies of Edward Bach are the best known flower essences in the world. Thousands of individuals possess the complete set of 38 remedies. In the set there are some remedies that are used a great deal and some that are used infrequently. Within my own set I can pick out the five remedies of the rescue formula (Impatiens, Rock Rose, Clematis, Star of Bethlehem and Cherry Plum) as ones I have to top up regularly. Others in the set that also require frequent refilling are Mimulus (for fear) Gorse (for despair) Crab Apple (for cleansing) and Olive (for fatigue).

At the other end of the spectrum are those that do not get used very often and the least used remedy in the everyone's set is, undoubtedly, Vine. Vine is the remedy for the tyrants and bullies of the world. It is for those who seek to enforce their will through force and coercion. They want to be in control and will stop at little to achieve and maintain this ambition. One reason I can think of to explain why the Vine bottle is rarely opened is that those who display these traits are least likely to seek help from the flowers. Another is, I imagine, that there are not that many of these folk around. Bach made this remedy back in 1933 when many of his elderly patients would have been parents during the Victorian era. Many would have suffered corporal punishment at a young age, or in the very least experienced the intense fear of its threat. Those that were bullied in turn became the bullies and it was perfectly acceptable, even actively encouraged, to behave towards children in a manner that nowadays would lead to a prison sentence. Perhaps Vine is a remedy for a breed of people that has more or less died out for we now live in a civil society that thankfully no longer promotes this side of our human nature.

The 38 remedies of Bach can be divided into three subsections: the Twelve Healers, the Seven Helpers and the Second Nineteen. These subsections relate to the three distinct chronological phases Dr. Bach's discoveries went through. After he had used the original Twelve Healers on his patients, he discovered that some were not responding to treatment and went on to make more remedies, which he called the Seven Helpers. These seven remedies were originally used on those with chronic conditions who did not respond to one of the Twelve Healers. Vine is one of these seven. He saw the 'Victorian Parent' in some of his patients who were suffering from chronic, long term illnesses and this prompted him to seek a flower remedy that matched this state of consciousness.

Of late, however, I have found my bottle of Vine emptying much quicker. The reason for this is its inclusion in a flower essence combination called 12 Flower Amplify. This remedy is formulated to kick start the healing process if it has become stuck, sluggish or even hasn't begun. It contains all the Seven Helpers, so alongside Vine there is Olive, Wild Oat, Gorse, Rock Water, Heather and Oak. Furthermore, five of our own remedies have been added, Margarita, Mullein, Bougainvillea, Hibiscus and Pepper Tree. While the Seven Helpers allow the healing qualities of the flowers to sink deep into the dysfunctional patterns that are causing ill health, the Aquarius remedies bring other dimensions into the equation: Bougainvillea works with the Seven Helpers on long term illness; Margarita and Mullein are opening and expansive, allowing fresh and new healing impulses to be assimilated; and Hibiscus and Pepper Tree are invigorating, stimulating the inner healer into action.

We have received some very positive feedback since bringing out this combination. I have also been using it in my own practice and seen it benefiting individuals. I have witnessed it releasing blockages within the chakras, meridians and auric bodies.

30 ml bottle of 12 Flower Amplify, normal price £6.50, special offer with this newsletter £5.00 (post free).

Heidi said write something about Easter. So as I meditated on this time of year my mind recalled an impression I received many years ago as I entered a church. At the back, by the door, was a model of Golgotha (the mount upon which Christ was crucified) made by children with the three crosses mounted on three green hills. An image that goes back, I guess, close on 2000 years, perhaps even longer. For some reason I was struck just how much this model resembled three graves marked with three simple crosses.

Until very recently winter was a period of great danger, when food and fuel were limited and the harshness of the cold long nights would take its toll, particularly with those that had entered the winter season in poor health. To survive and greet the spring was an achievement, a battle with death that had been won for one more year. Those that did survive would naturally remember their family and friends who did not make it through. This was the little insight that children's model gave to me.

Bereavement - a flower essence combination contains the following:

8 Flower Rescue, the flower essence combination that contains our eight different remedies for shock and trauma.

Eucalyptus supports our natural desire to heal the wounds caused by traumatic separations.

Oregano and **Hawthorn** help us let go and fully release the deepest of grief we experience at these times.

Toadflax and **Forget-me-Not** for loneliness, when we miss those we love. Makes us more conscious of the eternal bond of love so we feel the warmth, closeness and support of those we miss so badly.

Oleander keeps us open to the continual outpouring of love, light and truth. Prevents us becoming cynical or soured by our own painful experiences.

Crimson Pea assists our soul through the turbulence created by profound change. For our personal transformation as we move forward into a new phase of life. Helps us perceive the gifts buried at the center of our own suffering.

Available in 30 ml bottle normal price £6.50, special offer with this newsletter £5.00 (post free).

Aquarius Flower Remedies

37, Woodway Street, Chudleigh, Devon, England, TQ13 0JU

01626 854289

catalogue on line at www.aquariusflowerremedies.com